

**GOVERNMENT OF INDIA
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,
UNANI, SIDDHA AND HOMOEOPATHY
(AYUSH)**

**LOK SABHA
UNSTARRED QUESTION NO. 954
TO BE ANSWERED ON 8TH FEBRUARY, 2019**

NATUROPATHY DAY

954. ADV. NARENDRA KESHAV SAWAIKAR:

Will the Minister of **AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)** be pleased to state:

- (a) whether the Government recently celebrated Naturopathy Day and if so, the details thereof;
- (b) whether the Government proposes to construct Naturopathy centres in some places in the country including Goa, if so, the details thereof ; and
- (c) the other measures proposed by the Government to promote Naturopathy in the country?

ANSWER

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY
(SHRI SHRIPAD YESSO NAIK)**

(a): Yes, Ministry of AYUSH Observed the First 'Naturopathy Day' on 18th November, 2018. Two of the autonomous bodies of the Ministry, namely Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi and National Institute of Naturopathy (NIN), Pune took lead roles in this observance. The Naturopathy Day was observed by organising lectures, talks, walks, run and exhibitions in different parts of the country.

(b): There is no such proposal currently with this Ministry. However, a new institute called All India Institute for Ayurveda, Yoga and Naturopathy is proposed to be set up in Goa. This would be a teaching hospital which will offer medical services in Ayurveda, Yoga and Naturopathy.

(c): Measures taken to promote Naturopathy in the country can be summarized under following broad headings:

I. Central Council for Research in Yoga and Naturopathy, New Delhi.

II. National Institute of Naturopathy, Pune.

The details are enclosed at **Annexure**.

In addition to these, under Centrally Sponsored Scheme of National AYUSH Mission (NAM), financial assistance is being provided to State/UT Governments for development and promotion of AYUSH system including Yoga & Naturopathy as per their proposed State Annual Action Plans (SAAPs).

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I. Central Council for Research in Yoga and Naturopathy, New Delhi.

1. Establishment of ***Post Graduate Institutes of Yoga and Naturopathy Education and Research*** (PGIYNER) with ***200 bedded Yoga and Naturopathy hospital*** at Jhajjar, Haryana and Nagmangala, Karnataka.
2. Establishment of **Central Research Institutes of Yoga & Naturopathy** in Odisha, West Bengal, Rajasthan, Andhra Pradesh, Kerala, Jharkhand, Chhattisgarh and Jammu & Kashmir along with 100 bedded indoor hospital facilities to carry out in depth research studies to establish the efficacy of Yoga and Naturopathy in various remedies.
3. **Collaborative Research Centre** to verify the efficacy of Yoga & Naturopathy in various diseases.
4. **Establishment of Yoga and Naturopathy OPDs:** - The Council has already opened 14 Yoga and Naturopathy OPDs in Govt. Hospitals/Institutes of Delhi, Haryana, Odisha, Tripura, Kerala, Haryana, Madhya Pradesh and Andhra Pradesh, Jharkhand.

II. National Institute of Naturopathy, Pune.

1. Outreach activity: - Conducting Seminars, and workshops on Naturopathy and Yoga for general public.
2. Conducts Yoga fest in different states of the Country
3. Conducting Natural Food Festival and Exhibition in different States of the country.
4. NIN has established a Research Desk to look into institutional research, collaborative studies. Twenty Two Research Papers of NIN have been published in various International Indexed Journals.
5. **Educational/Academic Activities:**
 - a) NIN is conducting One Year Full Time “Treatment Assistant Training Course” (TATC) for 10th passed candidates.
 - b) NIN conducts Continuing Medical Education (CME), women component programs, research methodology workshops, orientation programs every year for the group of doctors, experts, women, general public to update and upgrade their knowledge in the field of Naturopathy & yoga.
 - c) NIN conducts one day free cookery class/ demonstration every year for the general public to propagate and promote the knowledge of healthy cooking styles.
6. **NIN conducts following Skill development programme: -**
 - a) Certificate course in Naturopathy Cooking
 - b) Certificate course in Massage techniques
 - c) Certificate course in Acupressure
 - d) Certificate course in Yoga for QCI Eligibility exam
 - e) Certificate course in Hydro, Chromo and Mud therapy
 - f) Fitness training
 - g) 200 Hour Registered Yoga Training Course (Yoga Alliance)
7. **NIN conducts following Fellowship programmes:-**
 - a) Fellowship on Research Methodology.
 - b) Fellowship on Gandhian Philosophy.
 - c) Fellowship on Basic and Advance Acupuncture.